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| Name: MRS. SUMATHI | Reg No: 1-11SMHC17 |
| Age / Sex:55/F | Contact No:9741099642 |
| Marital Status:ML- 17 YEARS | Date:3/11/17 |
| Occupation: NURSING TUTOR FROM 27 YEASR | Dr. PJFP |
| Address:  NATIVE OF MYSORE.  IN BLORE SINCE 30 YEARS | DIAGNOSIS- |

1. UNABLE TO BALANCE HERSELF ON RIGHT FOOT SINCE 4 YEARS BACK.

FELL DOWN 4 YRS BACK – WHEN DUSTING ON STOOL CLIMBED DOWN WITH PRESSURE SO FOOT ANKLE JOINT PRESSURE.

FELL DOWN FRM 3 STEPS. HAD PAIN THEN IN KNEE JOINT B/L. 2 YEARS BACK. ARTHRITIS DIAGNOSED

FELL DOWN ON THE ROAD 1 YEAR BACK.

NO INJURY OR PAIN THEN.

RT. LEG TILTS TO SIDES WHEN WALKING. < MORNINGS. FROM BED.

1. NOT GETTING BALANCE. LIMPS AND WALKS FOR 5 MIN THEN CONT NORMAL . SITS FOR LONG ALOS PAINS MUST WALK. SWELLING IS THERE.
2. CRAMPS IN B/L LEGS FROM

< WATER, STANDING FOR LONG TIME.

1. ITCHING BOTH THE LEGS FROM 1 YEAR.

DORSUM PART.

< EVENING, RESTING

>

5. COUGH SINCE 5-6 YEARS.

<DUST WINDOWS, LAUGH , TALKING, CHILLIS,

KEEP ON CLEANING AT HOME.

MENOPAUSE : 52 YEARS.

H/O RENAL / BLADDER STONE 5 YEARS BACK,. CAME BY ITSELF.

FIBROID UTERRUS – 3 MONTHS OF PREGNANCY.

CERVICAL PROBLEM AT THE AGE OF 52 YEARS DUE TO LIFTIN HAEVY WEIGHT GOT PAIN BT DOCS SAID NOTHING TO WORRY.

HAD UTI ONCE. 2 YEARS BACK. AND ONCE 1 MONTH BACK PAIN .

P1L1- FTND –BOY – 16 YEARS.

HAD 2 ABORTIONS

7TH MONTH ABORTED – DIED IMM AFTER BIRTH.

3RD MONTH THREATENDE ABORTION.

WATER LESS DUE TO WORK.

URINE NO CONTROL IN WINTER SEASON SINCE AN YEAR.

WONT TAKE BFST OR SKIP MEALS GETS HEADACHE.

LATE MARRIAGE : SAID THE TIME DIDN’T COME EVEN HORROSCOPE SAID SO. NO OTHER ISSUES.

RX:

1. RHUS TOX 1M+ARNICA1M+RUTA 1M DISC – 4-4-4-4
2. THUJA 200 –3 DOSES – 5 DAYS ONCE.
3. CAPSICUM 200 – 1 DRAM PILLS NIGHT 4 PILLS B/FOOD. WATER.
4. FIVE PHOS – 4-4-4-4.